

# PIRS Hot Sheet

**Advocacy & Services for People with Disabilities**

## **UPDATE: ADA Webinars on Accessible Pools: Means of Entry and Exit**

The US Dept of Justice (DOJ) is holding two free webinars to provide information and technical assistance addressing the accessible pool entry requirements of the revised 2010 ADA Regulations and the 2010 Standards as they relate to existing pools. The first webinar will address the pool access provisions as they apply to the existing pools of public accommodations subject to title III of the ADA, such as hotels. The second webinar will address how the pool access provisions apply to the existing pools of state and local governmental entities subject to title II of the ADA. Each webinar will be archived and available for rebroadcast on [www.ADA.gov](http://www.ADA.gov) in mid-May.

### **Background**

On Sept. 15, 2010, DOJ published final rules that revised the regulations implementing titles II and III of the ADA. As part of the revisions, DOJ adopted the 2010 Standards and required that the Standards be used when modifications are undertaken to existing facilities to meet the program accessibility obligations of title II entities and the barrier removal obligations of title III entities. The 2010 Standards include provisions for accessible means of entry to swimming pools, wading pools, and spas in sections 242 and 1009. The effective date for these provisions in the Standards as they relate to existing pool facilities was extended from to May 21, 2012.

(Continued on pg 3, col 2: see **Pools**)

## **Mental Health Awareness Month *Let's Eliminate The Stigma!***

May is Mental Health Month and the Placer Campaign for Community Wellness is spreading the word about mental health issues and the importance of mental wellness for the 1 in 5 Californians who report needing help with a mental or emotional health problem. Without wellness programs in our community, the consequences of mental illness can be staggering: unnecessary disability, unemployment, substance abuse, homelessness, inappropriate incarceration, suicide and wasted lives.

### **Transit Survey for People with Disabilities**

Disability Rights & Education Defense Fund (DREDF) needs individuals with disabilities to complete their short transit survey, called *Public Transit Choices By People With Disabilities*. Take the survey at: [www.surveygizmo.com/s3/882523/TransitChoices](http://www.surveygizmo.com/s3/882523/TransitChoices). Researchers want to understand what factors are most important to riders with disabilities when deciding which transit mode to use. The confidential results will be part of a national study for the Transit Cooperative Research Program of the Transportation Research Board and the National Academy of Sciences, supported by the U.S. Dept. of Transportation (USDOT). They will gain a greater understanding of what factors most affect the transportation choices that people with disabilities make for each particular trip.

## ***PIRS Calendar***

Reasonable accommodations are available upon advance request to facilitate access to PIRS facilities and services.

In order to maintain a comfortable environment for everyone, we respectfully request that **no perfumes or other scented products** are worn when attending activities at PIRS. Thank you.

### **Deaf Awareness and Conversational American Sign Language:**

⇒ **Beginning Class:** Learn basic vocabulary. For schedule or other information, call 530-885-6100.

### **Disability Peer Support Groups:**

⇒ **Depression Support Group** – Friday, 1:00 – 3:00 pm. at PIRS. This group is facilitated by Senior Peer Counseling Program of PCHHS, and it is open to all adults regardless of age.

⇒ **Women’s Mental Health Disabilities Support Group** – Monday 5:00 –7:00 pm. Call Leslie Brewer, ext. 13.

⇒ **Men’s Disability Support Group** – Tuesday 6:00 – 8:00 pm. Call Jeff Cowen, ext 15, before attending.

⇒ **Women’s Disability Support Group** – Wednesday, 1:00 – 3:00 pm. Open drop-in group. Call Facilitator Barbara Finn, ext. 26, for more information.

⇒ **Individual Peer Support – New Program:** If you live between Applegate and Gold Run and would like to talk individually with a volunteer Peer Support Specialist, call Leslie, x13.

### **Auburn People First: self-advocacy for people with developmental disabilities**

⇒ Call the Supported Life Institute, Self-Advocacy Coordination Project at 916-567-1974 for more information.

### **FREE Help with your healthcare services problems:**

**HICAP** – Health Insurance Counseling for seniors and people with disabilities. Call Seniors First/SeniorLink at 1-800-878-9222 to make an appointment.

**Health Rights Hotline**, serving Placer, El Dorado, Yolo, & Sacramento Counties, regardless where you receive your health coverage. Tollfree (888) 354-4474 or TTY (916) 551-2180. In Sacramento, call (916) 551-2100. [www.hrh.org](http://www.hrh.org).

**HMO Help Center:** State Dept. of Managed Health Care, free independent medical review (IMR) for denial of services. Assistance 24 hours a day, seven days a week. Call (888) 466-2219 or (877) 688-9891 (TTY). [www.healthhelp.ca.gov](http://www.healthhelp.ca.gov).

**DRA’s Health Access Project:** free publications about the health care and insurance rights and concerns of people with disabilities and serious health conditions. <http://dralegal.org/>, and click on “Projects”.

**Mental Health America**  
**In Crisis? 1-800-273-TALK**  
**Pensar en Suicida?**  
**1-800-SUICIDA (784-2432)**  
**(Ellos son Latinos y hablan Espanol)**

**California AgrAbility Project** serves agricultural workers with disabilities and their families. Call (530) 752-1613 voice; Toll free: 1-800-477-6129; fax (530) 752-2640.  
<http://calagrability.ucdavis.edu>

## New Online Guidance on Accessible Interpretive Media

A new version of the *Programmatic Accessibility Guidelines for National Park Service Interpretive Media* has been issued by Harpers Ferry Center. The document provides guidance for making interpretive media and programs accessible such as audiovisual programs, tours, artifacts, exhibits, furnishings, signs, waysides and publications. While the document is geared for use by units of the National Park Service, it can also serve as a resource document for museums, nature centers, zoos and other interpretive attractions. The document is available free to the public and can be downloaded from:

[www.nps.gov/hfc/accessibility/index.htm](http://www.nps.gov/hfc/accessibility/index.htm).

The National Center on Accessibility is a center of Indiana University's Department of Recreation, Park and Tourism Studies within the School of Health, Physical Education and Recreation. Since 1992, NCA has played a critical role in increasing awareness of inclusion of people with disabilities in parks, recreation and tourism while advancing the spirit and intent of the Americans with Disabilities Act, Rehabilitation Act and other disability legislation. Through research, technical assistance and training, NCA builds a continuum of comprehensive services for park and recreation practitioners, focusing on universal design and practical solutions that create inclusive recreation opportunities for people of all abilities. NCA is funded in part by the National Park Service.

National Center on Accessibility | 501 North Morton Street, Suite 109, Bloomington, IN 47404-3732 | Voice: (812) 856-4422 | TTY: (812) 856-4421 | Fax: (812) 856-4480 | Copyright © 2012 The Trustees of Indiana University



**Do you need to hire an in-home personal assistant or care provider?**

**Are you a professional care provider?**

**Apply to join PIRS Personal Assistants Registry/Referral Service. (No fee)**

**To hire a provider, or to join our Provider Registry, call Tim Cooper at PIRS - 530-885-6100, x15.**



**Do you need some minor modifications to make your home safer and more accessible?**

**Call Don Wixon, Coordinator of PIRS Minor Home Modification Program. 530-885-6100, ext 34**

(Continuation from pg 1 – Pools)

The extension was provided in order to allow additional time to address misunderstandings that had arisen among pool owners and operators regarding compliance with these ADA requirements. The content of these webinars is limited to a discussion of the substantive requirements of the ADA regulations for existing pools and will not include any discussion of the Department's pending rulemaking regarding an additional extension of the effective date.

Source: US Dept. of Justice, [www.ada.com](http://www.ada.com)

**WE say: People with disabilities have the same rights as everyone else to use swimming pools.**

## **ADA CORNER**

Transportation Security Administration (TSA) has launched *TSA Cares*, a helpline to assist travelers with disabilities and medical conditions. Travelers may call *TSA Cares* toll free at 1-855-787-2227 prior to traveling with questions about screening policies, procedures and what to expect at the security checkpoint. A Helpline representative will provide information about screening that is relevant to the passenger's specific disability or medical condition, or the passenger may be referred to disability experts at TSA. Helpline hours are Mon. – Fri., 9 a.m. - 9 p.m. EST, excluding federal holidays. Travelers who are deaf or hard of hearing can use a relay service or can e-mail **TSA-ContactCenter@dhs.gov**. TSA recommends that passengers call approximately 72 hours ahead of travel for coordination with a TSA Customer Service Manager at the airport when necessary. **www.tsa.gov**.

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### **Free Technical Assistance:**

- Pacific Disability and Business Technical Advisory Center (DBTAC) – Hotline provides free detailed explanations on ADA questions and Guidelines. 1-800-949-4232. **www.adapacific.org**.
- Dept of Justice ADA webpage: **www.usdoj.gov/crt/ada/adahom1.htm**
- Equal Opportunity Employment Commission – non-discrimination in employment: **www.eeoc.gov**.
- Job Accommodation Network (JAN): lists examples of accommodations that may be appropriate for various types of disabling conditions. **www.jan.wvu.edu**
- **www.access-board.gov** – US Access Board publishes access guidelines based on research about best practices.

- **www.DisabilityInfo.gov** is a cross-government portal on disability, and is easily accessible.
- **www.ncaonline.org**- National Center on Accessibility promotes access to recreational facilities, focusing on universal access and practical solutions by linking designers with users.
- **www.firstgov.gov** – a one-stop source to find any federal agency and other information.
- Federal Transit Administration – ADA Assistance line: 1-888-446-4511 or **www.fta.dot.gov/transit\_data\_info/ada/**
- Information on the U.S. Dept of Education enforcement of education rights (Individuals with Disabilities Education Act or IDEA). **www.ed.gov/offices/OCR/index.html**
- Discrimination in air transportation and related services. Hotline at 1-800-778-4838 (voice) or 1-800-455-9880 (TTY) to obtain assistance. Complaints must be submitted in writing. **http://airconsumer.ost.dot.gov/**



### **Advocate for Your Rights!**

Never take your independence for granted. Never ignore discrimination. Speak out and defend your rights to access housing, education, employment, transportation, health care, telecommunications, recreation, and all the other benefits our society enjoys. Get involved! Stay informed! Get PIRS advocacy bulletins by mail or email:

**Email:** <**jcowen@pirs.org**> and put “*Subscribe Advocacy List*” in the subject line;

**Call** – Jeff - 530-885-6100, ext.15; or

**Write:** **Advocate**, PIRS, 11768 Atwood Rd.  
Ste. 29, Auburn, CA 95603.

## To Contact Your Legislators online:

President: [www.whitehouse.gov](http://www.whitehouse.gov)

Governor: [www.governor.ca.gov](http://www.governor.ca.gov)

US Senators: [thomas.loc.gov](http://thomas.loc.gov), then choose "Senate Directory" at top.

US Representatives: [thomas.loc.gov](http://thomas.loc.gov), then choose "House Directory" at top.

State Senate: [www.senate.ca.gov](http://www.senate.ca.gov)

State Assembly: [www.assembly.ca.gov](http://www.assembly.ca.gov)

Placer County: [www.placer.ca.gov](http://www.placer.ca.gov)

El Dorado County: [co.el-dorado.ca.us](http://co.el-dorado.ca.us)

Alpine County: [www.alpinecountyca.gov](http://www.alpinecountyca.gov)



**PIRS Board of Directors is seeking new members. In particular, if you are of Latino, Asian, or African-American descent and have a disability, or have legal or accounting expertise, please consider joining our Board.**

Please call for an application:  
530-885-6100, in Auburn  
1-800-833-3453 outside of Auburn area  
530-885-0326 TDD  
530-885-3032 Fax

### PIRS Board of Directors

Dawn Davidson, President  
Robert Hancock, Vice President  
Paul Opper, Treasurer  
Dan Roye, Secretary  
Michael Cummings, Director  
Terry Scott, Director  
Linda Wisdom, Director

### PIRS Board Meeting:

Third Wednesday, 5:00-6:30 p.m. at PIRS.

## Disability Rights Organizations:

[www.ADAWatch.org](http://www.ADAWatch.org): Advancing the Civil Rights of People with Disabilities

**National Council on Independent Living:**  
[www.NCIL.org](http://www.NCIL.org)

**Association of Programs for Rural Independent Living:** [www.april-rural.org](http://www.april-rural.org)

**CA Foundation for Independent Living Centers:** [www.cfilc.org](http://www.cfilc.org)

**Mental Health:** [www.Bazelon.org](http://www.Bazelon.org)

**Advocacy for persons with developmental disabilities:** [The ARC.org](http://TheARC.org)

**Disability Rights California:** [www.drc.org](http://www.drc.org)

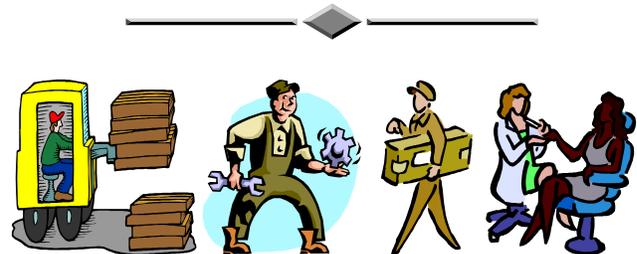
**Disability Rights Education Defense Fund:**  
[www.dredf.org](http://www.dredf.org)

**Not Dead Yet:** opposing physician-assisted suicide. [www.ndy.org](http://www.ndy.org)

**Disability Rights Advocates:** [dralegal.org](http://dralegal.org)

**American Association of Persons with Disabilities:** [www.aapd.org](http://www.aapd.org)

**California Disability Community Action Network (CDCAN):** Advocacy Without Borders: [www.cdcan.us](http://www.cdcan.us)



[www.disabilitybenefits101.org](http://www.disabilitybenefits101.org)

Information on employment, health coverage and other benefits, and how it all relates to working. There's a unique "calculator" that will help you figure it out. You can work!

**Placer Independent Resource Services**  
11768 Atwood Rd., Ste. 29  
Auburn, CA 95603

**Non Profit Organization**  
**US Postage PAID**  
**Auburn, CA**  
**Permit #130**

RETURN SERVICE REQUESTED

PIRS Hotsheet is available online at  
[www.pirs.org](http://www.pirs.org)  
For alternative formats, call us at:  
530-885-6100 (v); 530-885-0326 (tty)



**Remember those who have served our  
country on Memorial Day.**

*Please Include PIRS  
in Your Will.*



PIRS is funded by grants from the US Dept. of Education/Rehabilitative Services Administration; State Dept. of Rehabilitation; Area 4 Agency on Aging; United Auburn Indian Communities; City of Roseville; Community Technology Foundation of CA; James & Virginia Benson Fund for the Elderly of Placer County of the Sacramento Region Community Foundation; by contract with the Pacific Disability & Business Technical Assistance Center; and by private donations.

**We need your support. Please make a  
donation to PIRS today. Thank you!**

PIRS is a Certified Agency of United Way California  
Capital Region: **Agency # 5751**

