

PIRS Hot Sheet

Advocacy & Services for People with Disabilities

**Celebrating ADA 2012
Advancing Equality, Accessibility, and
Independence for All
on the
22nd Anniversary
of the signing of the
Americans with Disabilities Act
July 26, 2012**



National Network of ADA Centers

ADA Centers provide information, guidance and training on the Americans with Disabilities Act (ADA), tailored to meet the needs of business, government and individuals at local, regional and national levels. There is an ADA Center in each of the ten federal regions. The Centers are not enforcement or regulatory agencies. Their core services include training, materials dissemination, technical assistance, referrals to experts, and research. ADA Centers can make suggestions and guide you to make reasonable modifications to your policies, practices or procedures when necessary in order to make your services and facilities accessible to individuals with disabilities. They can also provide training on the rights and obligations you have with regard to individuals with disabilities and the ADA. Free ADA Information Hotline: 1-800-949-4232 (V,TTY).

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Join PIRS New Advocacy Team!

The first meeting of our new Advocacy Team will be Tuesday, July 31st, from 11:00 am to 1:30 pm at PIRS. We will meet on a monthly basis to support each other in doing systems change advocacy.

This first meeting will focus on in-home services and will include participation in a national teleconference. As part of a project to improve the quality of home care, the National Consumer Voice for Quality Long-Term Care is holding the teleconference. They want to learn directly from you about what makes for good care in the home when provided by a paid caregiver.

Future meetings of our new Advocacy Team will focus on a wide array of topics including voting rights, housing, public transportation, the accessibility of facilities and services, and other issues that the Advocacy Team would like to work on and help increase access.

We need you!! Please let us know if you want to join our Advocacy Team. Contact Jeff Cowen at PIRS: voice 530-885-6100, ext.15; TTY 530-885-0326; jcowen@pirs.org.

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The National Network of ADA Centers is funded by the National Institute on Disability and Rehabilitation Research ([NIDRR](#)), a division of the U.S. Dept. of Education (Grant Number H133A110018).

PIRS Calendar

Reasonable accommodations are available upon advance request to facilitate access to PIRS facilities and services.

In order to maintain a comfortable environment for everyone, we respectfully request that **no perfumes or other scented products** are worn when attending activities at PIRS. Thank you.

Deaf Awareness and Conversational American Sign Language:

⇒ **Beginning Class:** Learn basic vocabulary. For schedule or other information, call 530-885-6100.

Disability Peer Support Groups:

⇒ **Depression Support Group** – Friday, 1:00 – 3:00 pm. at PIRS. This group is facilitated by Senior Peer Counseling Program of PCHHS, and it is open to all adults regardless of age.

⇒ **Women’s Mental Health Disabilities Support Group** – Monday 5:00 –7:00 pm. Call Leslie Brewer, ext. 13.

⇒ **Men’s Disability Support Group** – Tuesday 6:00 – 8:00 pm. Call Jeff Cowen, ext 15, before attending.

⇒ **Women’s Disability Support Group** – Wednesday, 1:00 – 3:00 pm. Open drop-in group. Call Facilitator Barbara Finn, ext. 26, for more information.

⇒ **Individual Peer Support – New Program:** If you live between Applegate and Gold Run and would like to talk individually with a volunteer Peer Support Specialist, call Leslie, x13.

Auburn People First: self-advocacy for people with developmental disabilities

⇒ Call the Supported Life Institute, Self-Advocacy Coordination Project at 916-567-1974 for more information.

FREE Help with your healthcare services problems:

HICAP – Health Insurance Counseling for seniors and people with disabilities. Call Seniors First/SeniorLink at 1-800-878-9222 to make an appointment.

Health Rights Hotline, serving Placer, El Dorado, Yolo, & Sacramento Counties, regardless where you receive your health coverage. Tollfree (888) 354-4474 or TTY (916) 551-2180. In Sacramento, call (916) 551-2100. www.hrh.org.

HMO Help Center: State Dept. of Managed Health Care, free independent medical review (IMR) for denial of services. Assistance 24 hours a day, seven days a week. Call (888) 466-2219 or (877) 688-9891 (TTY). www.healthhelp.ca.gov.

DRA’s Health Access Project: free publications about the health care and insurance rights and concerns of people with disabilities and serious health conditions. <http://dralegal.org/>, and click on “Projects”.

Mental Health America
In Crisis? 1-800-273-TALK
Pensar en Suicida?
1-800-SUICIDA (784-2432)
(Ellos son Latinos y hablan Espanol)

California AgrAbility Project serves agricultural workers with disabilities and their families. Call (530) 752-1613 voice; Toll free: 1-800-477-6129; fax (530) 752-2640.
<http://calagrability.ucdavis.edu>

EFFECTIVE COMMUNICATION:

Employers, state and local government agencies, and places of public accommodation must ensure that their communications with individuals with disabilities are as effective as communication with others. In order to provide equal access, these groups are required to provide auxiliary aids and services that promote effective communication. This includes an obligation to provide effective communication to companions who are individuals with disabilities. The term "companion" means a family member, friend, or associate with whom the public entity or private business would typically communicate.

The type of auxiliary aid or service necessary to ensure effective communication will vary in accordance with the method of communication used by the individual; the nature, length, and complexity of the communication involved; and the context in which the communication is taking place. A private business should consult with individuals with disabilities whenever possible to determine what type of auxiliary aid is needed to ensure effective communication, but the ultimate decision as to what measures to take rests with the private business, provided that the method chosen results in effective communication.

- To be effective, auxiliary aids and services must be provided in accessible formats, in a timely manner, and in such a way as to protect the privacy and independence of the individual with a disability.
- A public entity or private business is financially responsible for the cost of the auxiliary aid or service provided unless it can demonstrate that it would be an undue financial burden in light of the overall financial resources of the entire entity, including any parent corporation if applicable.

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It cannot impose a surcharge on an individual with a disability to cover the costs of the auxiliary aid or service provided. Even if it is determined that a particular auxiliary aid or service is an undue financial burden, the entity must still provide effective communication utilizing a different auxiliary aid or service.

Source: Rocky Mt. ADA Center. More information is available online at: www.adainformation.org/effective-communication



Do you need to hire an in-home personal assistant or care provider?

Are you a professional care provider?

Apply to join PIRS Personal Assistants Registry/Referral Service. (No fee)

To hire a provider, or to join our Provider Registry, call Tim Cooper at PIRS - 530-885-6100, x15.



Do you need some minor modifications to make your home safer and more accessible?

Call Don Wixon, Coordinator of PIRS Minor Home Modification Program. 530-885-6100, ext 34

ADA Checklist for Readily Achievable Barrier Removal

www.adachecklist.org/checklist.html

ADA CORNER

ADA Title III prohibits a public accommodation, such as a child care center or home daycare, from discriminating on the basis of disability by denying the right of full and equal access of its goods and services. Childcare centers must comply with Title III regardless of its size or number of employees. Even small, home-based centers that may not have to follow some state laws are covered by Title III. Under Title III, "disability" can include any disorder, disease or impairment ranging from diabetes, to allergies, physical/mobility or developmental /learning challenges, as well as asthma, HIV/AIDS, and many others. The Rocky Mountain ADA Center has created an outreach campaign called "*All Kids Count: Child Care and the ADA*", funded by the National Institute on Disability Research and Rehabilitation (NIDRR). It teaches childcare centers and home childcare providers about their rights and their responsibilities under Title III of the ADA. The campaign includes training and materials, as well as a video series. The videos include *What Is The ADA?; Defining Disability; Child Care And The ADA; Child Care Accessibility; And Policy And Procedure Revision*. The videos are available with and without captions. View online at

www.adainformation.org/ChildCare

Free Technical Assistance:

•Pacific Disability and Business Technical Advisory Center (DBTAC) – Hotline provides free detailed explanations on ADA questions and Guidelines. 1-800-949-4232.

www.adapacific.org.

•Dept of Justice ADA webpage:
www.usdoj.gov/crt/ada/adahom1.htm

• Equal Opportunity Employment Commission – non-discrimination in employment: www.eeoc.gov.

•Job Accommodation Network (JAN): lists examples of accommodations that may be appropriate for various types of disabling conditions. www.jan.wvu.edu

• www.access-board.gov – US Access Board publishes access guidelines based on research about best practices.

• www.DisabilityInfo.gov is a cross-government portal on disability, and is easily accessible.

• www.ncaonline.org- National Center on Accessibility promotes access to recreational facilities, focusing on universal access and practical solutions by linking designers with users.

• www.firstgov.gov – a one-stop source to find any federal agency and other information.

• Federal Transit Administration – ADA Assistance line: 1-888-446-4511 or www.fta.dot.gov/transit_data_info/ada/

• Information on the U.S. Dept of Education enforcement of education rights (Individuals with Disabilities Education Act or IDEA). www.ed.gov/offices/OCR/index.html

•Discrimination in air transportation and related services. Hotline at 1-800-778-4838 (voice) or 1-800-455-9880 (TTY) to obtain assistance. Complaints must be submitted in writing. <http://airconsumer.ost.dot.gov/>



Advocate for Your Rights!

Never take your independence for granted. Never ignore discrimination. Speak out and defend your rights to access housing, education, employment, transportation, health care, telecommunications, recreation, and all the other benefits our society enjoys. Get involved! Stay informed! Contact Jeff Cowen: <jcowen@pirs.org>; Call **530-885-6100, ext.15**; or write: PIRS, 11768 Atwood Rd., Ste.29, Auburn CA 95603.

To Contact Your Legislators online:

President: www.whitehouse.gov

Governor: www.governor.ca.gov

US Senators: thomas.loc.gov, then choose "Senate Directory" at top.

US Representatives: thomas.loc.gov, then choose "House Directory" at top.

State Senate: www.senate.ca.gov

State Assembly: www.assembly.ca.gov

Placer County: www.placer.ca.gov

El Dorado County: co.el-dorado.ca.us

Alpine County: www.alpinecountyca.gov



PIRS Board of Directors is seeking new members. In particular, if you are of Latino, Asian, or African-American descent and have a disability, or have legal or accounting expertise, please consider joining our Board.

Please call for an application:
530-885-6100, in Auburn
1-800-833-3453 outside of Auburn area
530-885-0326 TDD
530-885-3032 Fax

PIRS Board of Directors

Dawn Davidson, President
Robert Hancock, Vice President
Paul Opper, Treasurer
Dan Roye, Secretary
Michael Cummings, Director
Terry Scott, Director
Linda Wisdom, Director

PIRS Board Meeting:

Third Wednesday, 5:00-6:30 p.m. at PIRS.

Disability Rights Organizations:

www.ADAWatch.org: Advancing the Civil Rights of People with Disabilities

National Council on Independent Living:
www.NCIL.org

Association of Programs for Rural Independent Living: www.april-rural.org

CA Foundation for Independent Living Centers: www.cfilc.org

Mental Health: www.Bazelon.org

Advocacy for persons with developmental disabilities: [The ARC.org](http://TheARC.org)

Disability Rights California: www.drc.org

Disability Rights Education Defense Fund:
www.dredf.org

Not Dead Yet: opposing physician-assisted suicide. www.ndy.org

Disability Rights Advocates: dralegal.org

American Association of Persons with Disabilities: www.aapd.org

California Disability Community Action Network (CDCAN): Advocacy Without Borders: www.cdcan.us



www.disabilitybenefits101.org

Information on employment, health coverage and other benefits, and how it all relates to working. There's a unique "calculator" that will help you figure it out. You can work!

Placer Independent Resource Services
11768 Atwood Rd., Ste. 29
Auburn, CA 95603

RETURN SERVICE REQUESTED

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Auburn, CA
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PIRS Hotsheet is available online at
www.pirs.org
For alternative formats, call us at:
530-885-6100 (v); 530-885-0326 (tty)



Happy Independence Day!

*Please Include PIRS
in Your Will.*



PIRS is funded by grants from the US Dept. of Education/Rehabilitative Services Administration; State Dept. of Rehabilitation; Area 4 Agency on Aging; United Auburn Indian Communities; City of Roseville; Community Technology Foundation of CA; James & Virginia Benson Fund for the Elderly of Placer County of the Sacramento Region Community Foundation; by contract with the Pacific Disability & Business Technical Assistance Center; and by private donations.

We need your support. Please make a donation to PIRS today. Thank you!

PIRS is a Certified Agency of United Way California Capital Region: **Agency # 5751**

