

PIRS Hot Sheet

Advocacy & Services for People with Disabilities

You're Invited!



PIRS OPEN HOUSE

*April 26, 2012
2 - 5 pm*

Come meet the staff and learn about our services.

Light refreshments will be served.

For the comfort of others, please do not wear scented products while visiting PIRS. Thank you.



The American Action Fund for Blind Children and Adults (AAF) is making its free Braille books for blind children available online as downloadable BRF files. Read more here:

<http://bit.ly/aafbooks>



AccessToCare FAIR

April 21, 2012, 9 am -1 pm

Opening Ceremony at 9 am
Bayside Church Campus
8191 Sierra College Blvd.
Just North of Douglas Blvd., in Roseville

People with disabilities, Seniors and Veterans can learn about services available, attend seminars, and see the latest products.

Look for PIRS booth!

Hosted by *A Touch of Understanding*

April is
National Autism Awareness Month



1 in every 88 children in America.
www.autism-society.org



Do you need minor modifications to make your home safer and more accessible?
Call Don Wixon, Coordinator of PIRS Minor Home Modification Program.
530-885-6100, ext 34

PIRS Calendar

Reasonable accommodations are available upon advance request to facilitate access to PIRS facilities and services.

In order to maintain a comfortable environment for everyone, we respectfully request that **no perfumes or other scented products** are worn when attending activities at PIRS. Thank you.

Deaf Awareness and Conversational American Sign Language:

⇒ **Beginning Class: NEW DAY** - Learn basic vocabulary, Tuesday, 1:00 – 2:00 pm. information, call us at 530-885-6100, or TTY (530) 885-0326, or use CA Relay Service at 211 or 1-877-314-6025.

Disability Peer Support Groups:

⇒ **Depression Support Group** – Friday, 1:00 – 3:00 pm. at PIRS. This group is facilitated by Senior Peer Counseling Program of PCHHS, and it is open to all adults regardless of age.

⇒ **Women’s Mental Health Disabilities Support Group** – Monday 5:00 – 7:00 pm. Call Leslie Brewer, ext. 13.

⇒ **Men’s Disability Support Group** – Tuesday 6:00 – 8:00 pm. Call Jeff Cowen, ext 15, before attending.

⇒ **Women’s Disability Support Group** – Wednesday, 1:00 – 3:00 pm. Open drop-in group. Call Facilitator Barbara Finn, ext. 26, for more information.

⇒ **Peer Support – New Program:** If you live between Applegate and Gold Run and would like to talk individually with a volunteer Peer Support Specialist, call Leslie, x13.

Auburn People First: self-advocacy for people with developmental disabilities

⇒ Call the Supported Life Institute, Self-Advocacy Coordination Project at 916-567-1974 for more information.

FREE Help with your healthcare services problems:

HICAP – Health Insurance Counseling for seniors and people with disabilities. Call Seniors First/SeniorLink at 1-800-878-9222 to make an appointment.

Health Rights Hotline, serving Placer, El Dorado, Yolo, & Sacramento Counties, regardless where you receive your health coverage. Tollfree (888) 354-4474 or TTY (916) 551-2180. In Sacramento, call (916) 551-2100. www.hrh.org.

HMO Help Center: State Dept. of Managed Health Care, free independent medical review (IMR) for denial of services. Assistance 24 hours a day, seven days a week. Call (888) 466-2219 or (877) 688-9891 (TTY). www.healthhelp.ca.gov.

DRA’s Health Access Project: free publications about the health care and insurance rights and concerns of people with disabilities and serious health conditions. <http://dralegal.org/>, and click on “Projects”.

Mental Health America
In Crisis? 1-800-273-TALK
Pensar en Suicida?
1-800-SUICIDA (784-2432)
(Ellos son Latinos y hablan Espanol)

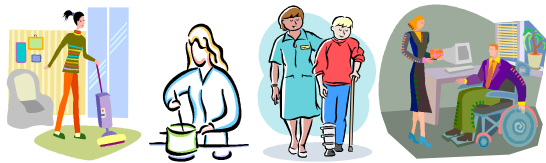
California AgrAbility Project serves agricultural workers with disabilities and their families. Call (530) 752-1613 voice; Toll free: 1-800-477-6129; fax (530) 752-2640.
<http://calagrability.ucdavis.edu>

Poster Contest!

Welcome Center at Placer Adult System of Care in Auburn is sponsoring a poster contest for National Mental Health Awareness Month. The poster must illustrate the theme and include the phrase - "May is Mental Health Awareness Month". Posters must be between 8-1/2 x 11 and 11 x 17 inches. Deadline is April 20th, 2012.

CASH PRIZES: 1st Place - \$100;
2nd Place - \$50; 3rd Place \$25.

Entries will be accepted at the Welcome Center in Auburn or at Cirby Clubhouse in Roseville. For more information, call 530-889-7200, or email wtaylor@placer.ca.gov.



Do you need to hire an in-home personal assistant or care provider?

**Are you a professional care provider?
Apply to join PIRS Personal Assistants
Registry/Referral Service. (No fee)**

**To hire a provider, or to join our Provider
Registry, call Tim Cooper at PIRS -
530-885-6100, x15.**

Autism & Special Needs Bookstore
Serving families and professionals:

Spectrum Training Systems, Inc.
2024 Jonathon Dr., Appleton, WI 54914
Phone: 920-749-0332; Fax: 920-882-0736
<spectrumtrainingsystems@yahoo.com>
www.SpectrumTrainingSystemsInc.com

Assistive Technology Resource:

Enabling Devices develops affordable learning and assistive devices for people of all ages with disabling conditions. Founded by Steven E. Kanor, Ph.D., the company has been creating innovative communicators, toys and switches for more than 35 years. Through their expertise in designing electro-mechanical assistive and adaptive devices, their products enable people with physical disabilities to communicate, learn, work, play, and function more easily, effectively, and enjoyably in the world.

<http://enablingdevices.com> or call 800-832-8697 for catalog.

www.disabilityandagingadvocacy.com

This new blog will contain essays, reflections, and commentary to dispel mythology regarding gender, disability, blindness and especially on aging. Blog author **Teddie-Joy Remhild** writes, "We are all guilty of labeling one another in accordance with our belief system and life experience, along with societal influences. I want to explore the reality of life and aging experiences. I invite you to read, peruse and share these blogs and to give me your reactions and feedback."

CA Dept of Rehabilitation (DOR) is inviting the public, particularly those who represent individuals, groups, agencies, or employers that impact or are impacted by the DOR Vocational Rehabilitation Services, to provide public comment on the Proposed 2013 State Plan and/or the Vocational Rehabilitation Modernization Project. For details on public meetings and call-in procedures, go to: www.dor.ca.gov/public/plnlettr.htm, and/or www.dor.ca.gov/vr-mod/index.htm.

DOR Planning Unit, (916) 558-5899; or e-mail <planningsurvey@dor.ca.gov>.

ADA CORNER

On March 28, 2011, the US Dept of Justice (DOJ) intervened in a private lawsuit in the U.S. Dist. Court for Eastern Dist. Of Virginia alleging that a hospital failed to provide effective communication for patients and companions who are deaf or hard of hearing. Under a negotiated consent decree approved by the court, Inova Health System agreed to provide training to hospital staff on the requirements of the ADA and the Rehabilitation Act, adopt specific policies and procedures to ensure that auxiliary aids and services are promptly provided to patients or companions who are deaf or hard of hearing, and pay \$95,000 in compensatory damages to aggrieved individuals and a \$25,000 civil penalty to the United States. Inova Health System separately agreed to pay a total of \$25,000 in compensatory damages to two other aggrieved individuals.

Source: <http://www.ada.gov/janmar11.htm>

Free Technical Assistance:

• Pacific Disability and Business Technical Advisory Center (DBTAC) – Hotline provides free detailed explanations on ADA questions and Guidelines. 1-800-949-4232.

www.adapacific.org.

• Dept of Justice ADA webpage:
www.usdoj.gov/crt/ada/adahom1.htm

• Equal Opportunity Employment Commission – non-discrimination in employment: www.eeoc.gov.

• Job Accommodation Network (JAN): lists examples of accommodations that may be appropriate for various types of disabling conditions. www.jan.wvu.edu

• www.access-board.gov – US Access Board publishes access guidelines based on research about best practices.

• www.DisabilityInfo.gov is a cross-government portal on disability, and is easily accessible.

• www.ncaonline.org- National Center on Accessibility promotes access to recreational facilities, focusing on universal access and practical solutions by linking designers with users.

• www.firstgov.gov – a one-stop source to find any federal agency and other information.

• Federal Transit Administration – ADA Assistance line: 1-888-446-4511 or

www.fta.dot.gov/transit_data_info/ada/

• Information on the U.S. Dept of Education enforcement of education rights (Individuals with Disabilities Education Act or IDEA).

www.ed.gov/offices/OCR/index.html

• Discrimination in air transportation and related services. Hotline at 1-800-778-4838 (voice) or 1-800-455-9880 (TTY) to obtain assistance. Complaints must be submitted in writing. <http://airconsumer.ost.dot.gov/>



Advocate for Your Rights!

Never take your independence for granted. Never ignore discrimination. Speak out and defend your rights to access housing, education, employment, transportation, health care, telecommunications, recreation, and all the other benefits our society enjoys. Get involved! Stay informed! Get PIRS advocacy bulletins by mail or email:

Email: <jcowen@pirs.org> and put "Subscribe Advocacy List" in the subject line;

Call – Jeff - 530-885-6100, ext.15; or

Write: **Advocate**, PIRS, 11768 Atwood Rd.
Ste. 29, Auburn, CA 95603.

To Contact Your Legislators online:

President: www.whitehouse.gov

Governor: www.governor.ca.gov

US Senators: thomas.loc.gov, then choose "Senate Directory" at top.

US Representatives: thomas.loc.gov, then choose "House Directory" at top.

State Senate: www.senate.ca.gov

State Assembly: www.assembly.ca.gov

Placer County: www.placer.ca.gov

El Dorado County: co.el-dorado.ca.us

Alpine County: www.alpinecountyca.gov



PIRS Board of Directors is seeking new members. In particular, if you are of Latino, Asian, or African-American descent and have a disability, or have legal or accounting expertise, please consider joining our Board.

Please call for an application:
530-885-6100, in Auburn
1-800-833-3453 outside of Auburn area
530-885-0326 TDD
530-885-3032 Fax

PIRS Board of Directors

Dawn Davidson, President
Robert Hancock, Vice President
Paul Opper, Treasurer
Dan Roye, Secretary
Michael Cummings, Director
Terry Scott, Director
Linda Wisdom, Director

PIRS Board Meeting:

Third Wednesday, 5:00-6:30 p.m. at PIRS.

Disability Rights Organizations:

www.ADAWatch.org: Advancing the Civil Rights of People with Disabilities

National Council on Independent Living:
www.NCIL.org

Association of Programs for Rural Independent Living: www.april-rural.org

CA Foundation for Independent Living Centers: www.cfilc.org

Mental Health: www.Bazelon.org

Advocacy for persons with developmental disabilities: [The ARC.org](http://TheARC.org)

Disability Rights California: www.drc.org

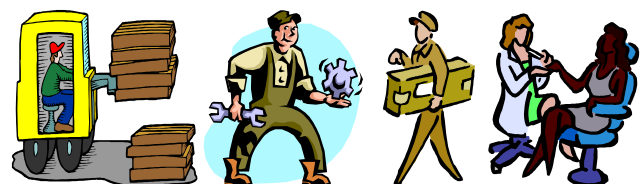
Disability Rights Education Defense Fund:
www.dredf.org

Not Dead Yet: opposing physician-assisted suicide. www.ndy.org

Disability Rights Advocates: dralegal.org

American Association of Persons with Disabilities: www.aapd.org

California Disability Community Action Network (CDCAN): Advocacy Without Borders: www.cdcan.us



www.disabilitybenefits101.org

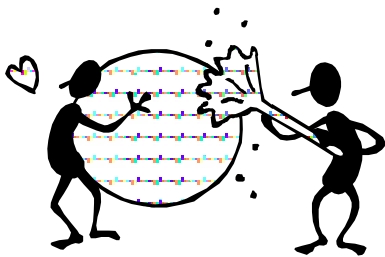
Information on employment, health coverage and other benefits, and how it all relates to working. There's a unique "calculator" that will help you figure it out. You can work!

Placer Independent Resource Services
11768 Atwood Rd., Ste. 29
Auburn, CA 95603

RETURN SERVICE REQUESTED

Non Profit Organization
US Postage PAID
Auburn, CA
Permit #130

PIRS Hotsheet is available online at
www.pirs.org
Or in alternative formats. Call us at:
530-885-6100 (v); 530-885-0326 (tty)



April 22nd - Happy Earth Day!

*Please Include
PIRS in Your Will.*

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PIRS is funded by grants from the US Dept. of Education/Rehabilitative Services Administration; State Dept. of Rehabilitation; Area 4 Agency on Aging; United Auburn Indian Communities; City of Roseville; Community Technology Foundation of CA; James & Virginia Benson Fund for the Elderly of Placer County of the Sacramento Region Community Foundation; by contract with the Pacific Disability & Business Technical Assistance Center; and by private donations.

We need your support. Please make a donation to PIRS today. Thank you!

PIRS is a Certified Agency of United Way California Capital Region: **Agency # 5751**

